

# First year implementation of HIV birth testing amongst HIV-exposed infants in Gauteng Province, South Africa

J.I. Ebonwu, A. H. Mazanderani, S.N. Dube,  
P. Mutevedzi, G.G. Sherman



**GAUTENG PROVINCE**  
HEALTH AND SOCIAL DEVELOPMENT  
REPUBLIC OF SOUTH AFRICA

# INTRODUCTION

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- Without ART, HIV-related mortality peaks at 2-3 months of age in South Africa
- Early infant diagnosis and prompt linkage to care are critical in paediatric HIV care
- Universal birth HIV PCR testing supports UNAIDS 90-90-90 strategy
  - Detects intra-uterine infections
  - Opportunity for early ART intervention

# INTRODUCTION

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- Universal birth PCR testing of HIV-exposed neonates introduced in South Africa on 1<sup>st</sup> June 2015
- **Previously**
  - Testing done at **6 weeks** of age
  - Targeted birth testing in ‘high risk’ neonates

# INTRODUCTION

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- **Missed diagnostic opportunities (MDOs)** occur where specimen collected for HIV PCR test fail to yield positive or negative results
  - Errors prior to testing
  - Errors during the testing process

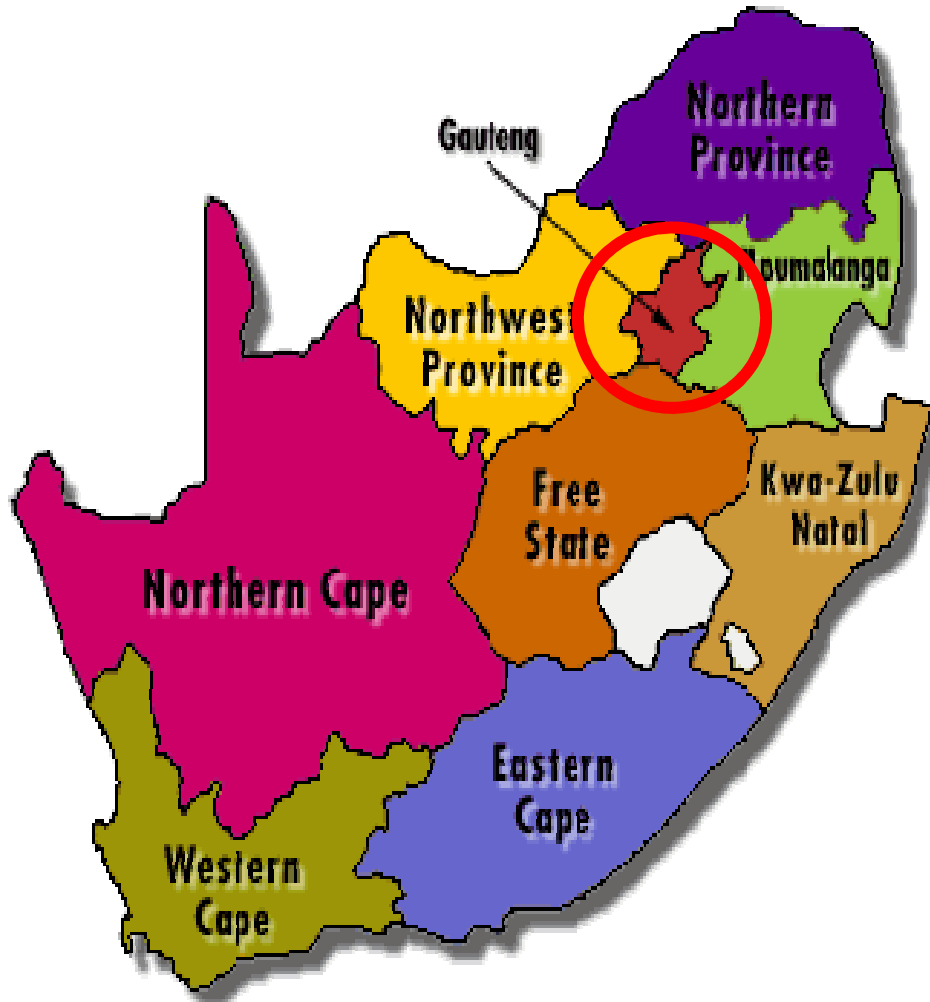
# OBJECTIVES

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- Describe the uptake of birth HIV PCR testing June-May 2015/2016, in comparison to same time periods in the fiscal years 2012-2014
- Determine the estimated intra-uterine HIV transmission rate one year following implementation of the new guidelines

# STUDY SETTING

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- **Districts in Gauteng**

- City of Johannesburg (CoJ)
- City of Tshwane (CoT)
- Ekurhuleni (Eku)
- Sedibeng (Sed)
- West Rand (W/Rand)

# METHODS

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- All the HIV PCR test data for Gauteng, for the fiscal years 2012-2016 (June-May)
- Extracted from Corporate Data Warehouse (CDW)
  - Electronic central repository of the South African NHLS
- Classification of number of HIV PCR tests done
  - <7 days (**Birth testing**)
  - 7 days to <2 months (**6 weeks testing**)
  - 2 to <3 months (**10 weeks testing**)

# METHODS

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- Birth testing coverage
  - proportion of HIV PCR tests at **<7 days** over the number of HIV-exposed neonates requiring testing
- Number requiring testing
  - *(total live births x maternal HIV seroprevalence)*
- Intra-uterine HIV transmission rate
  - positivity rate of all HIV PCR specimens in neonates **<7 days** old

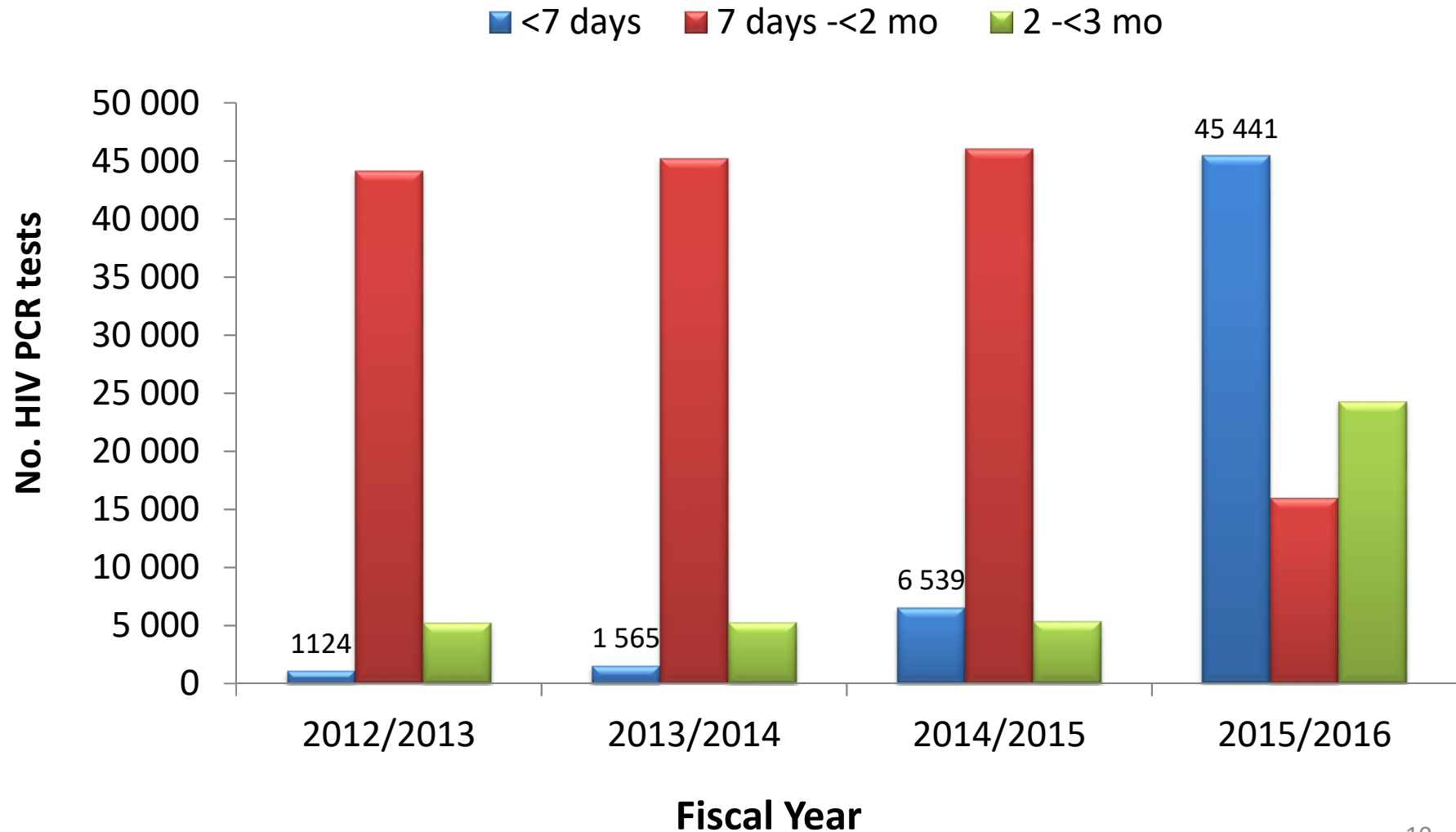


# METHODS

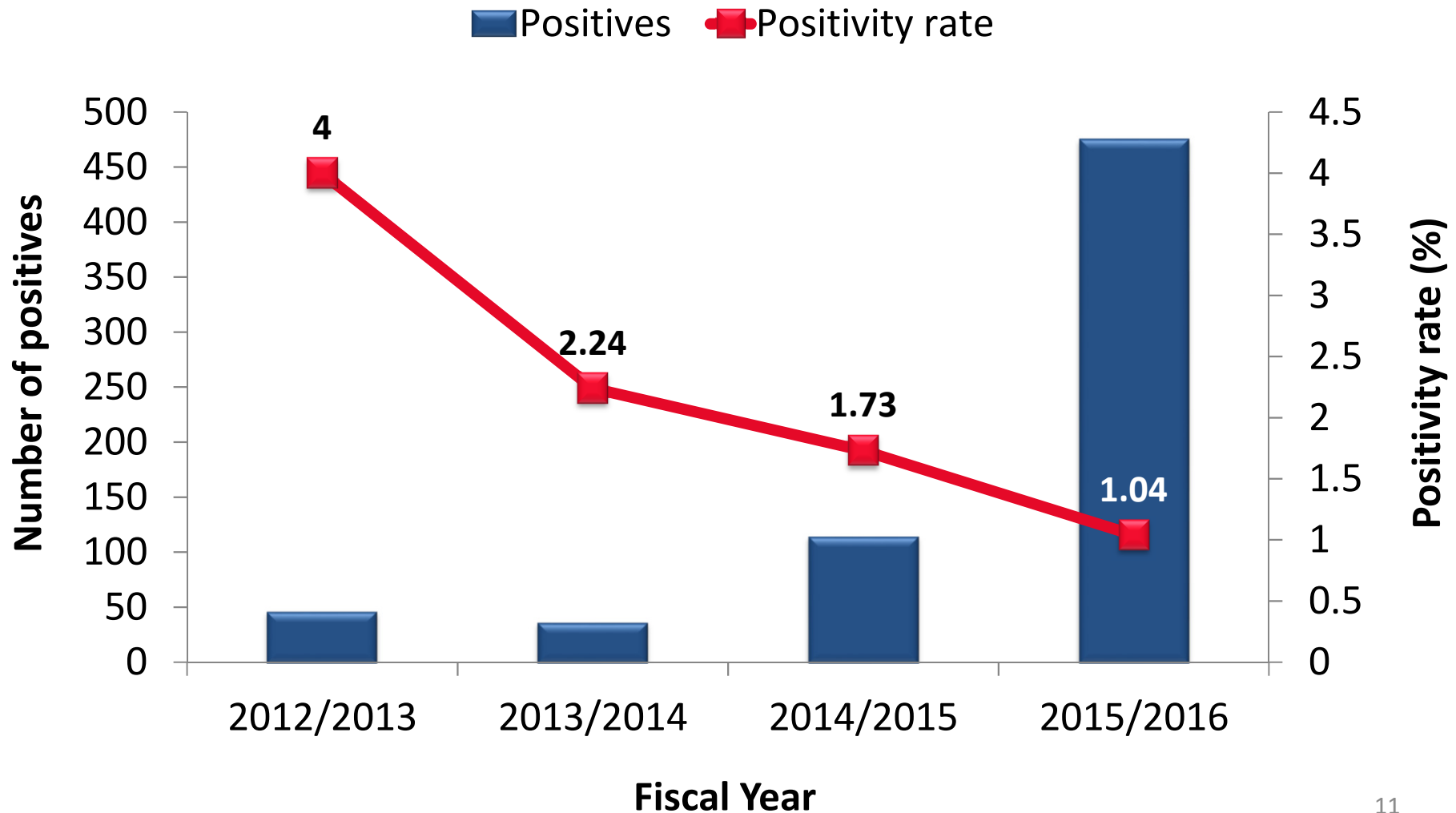
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- Missed diagnostic opportunities (MDOs) classified according to the rejection code:
  - **Clinic error**
    - Insufficient sample
    - Sample unsuitable for testing
    - Clerical error
  - **Laboratory error**
    - Invalid result: PCR inhibition
    - Laboratory error not specified
  - **Indeterminate result**
    - Test is inconclusive (not clearly positive or negative)

# HIV PCR testing at different time points in Gauteng, 2012-2016 (June – May)

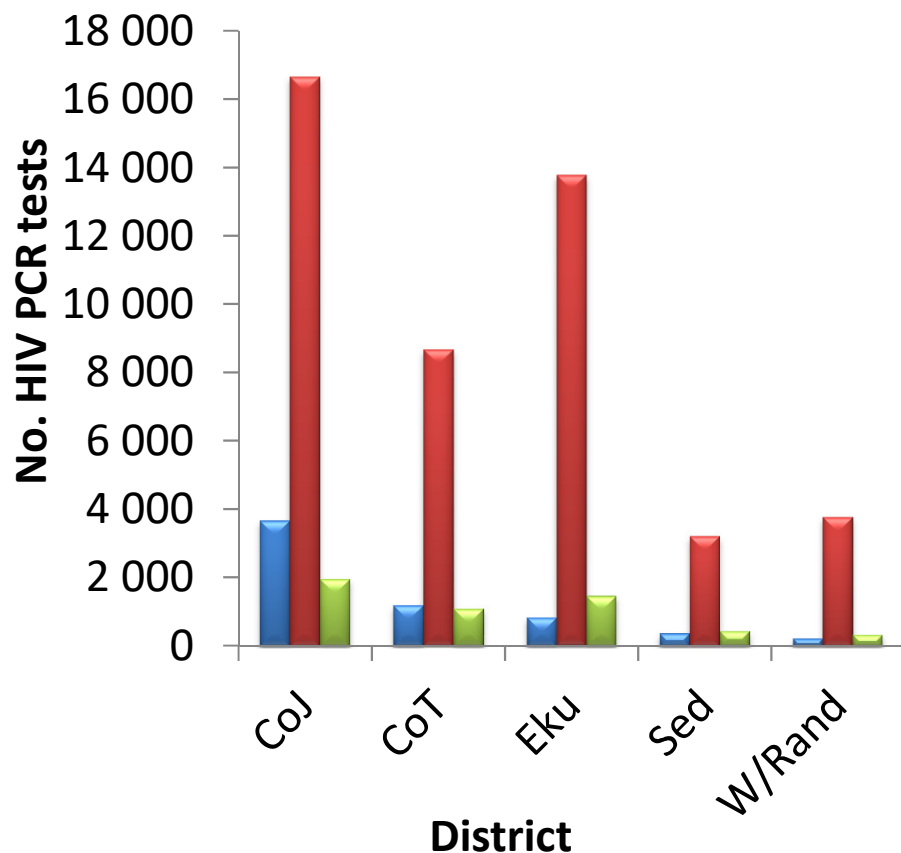


# HIV PCR positivity at <7 days testing in Gauteng, 2012-2016 (June – May)

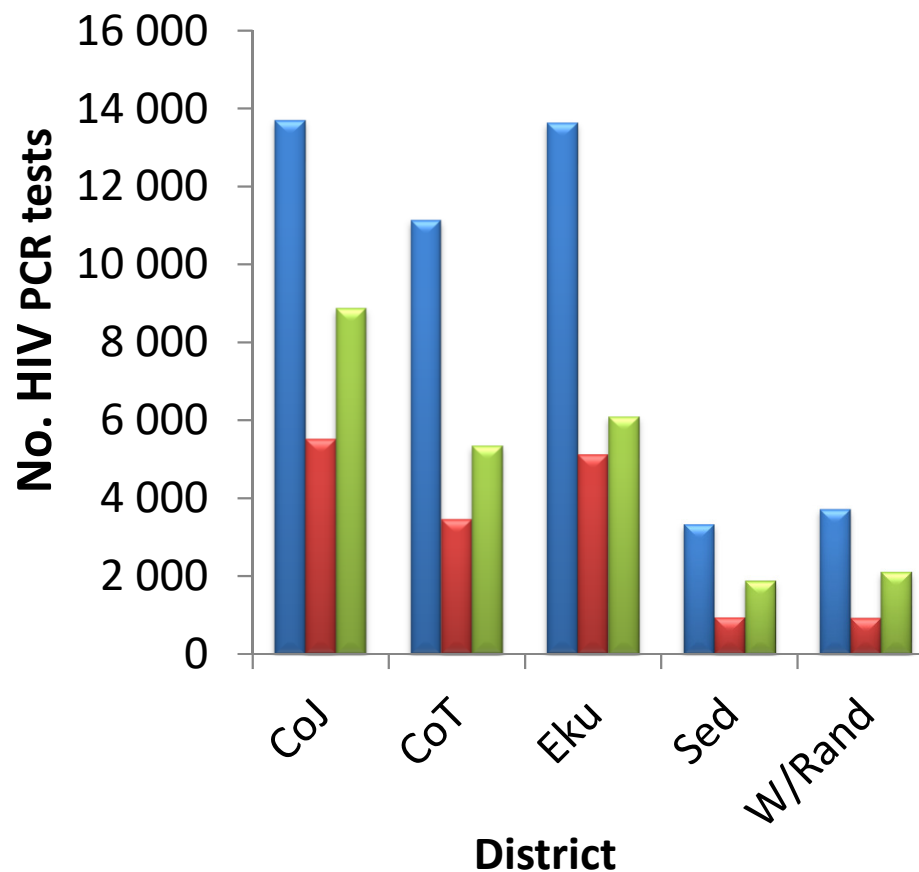


# HIV PCR testing at different time points in Gauteng by district, 2014-2016 (June – May)

2014/2015 (Pre-guideline)



2015/2016 (Post-guideline)



■ <7 days   ■ 7 days -<2 mo   ■ 2 -<3 mo

■ <7 days   ■ 7 days -<2 mo   ■ 2 -<3 mo <sub>12</sub>

# Birth HIV PCR testing coverage in Gauteng, June-May 2015/2016

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- Provincial Birth testing coverage estimated at **79%**
- Some districts doing better than others

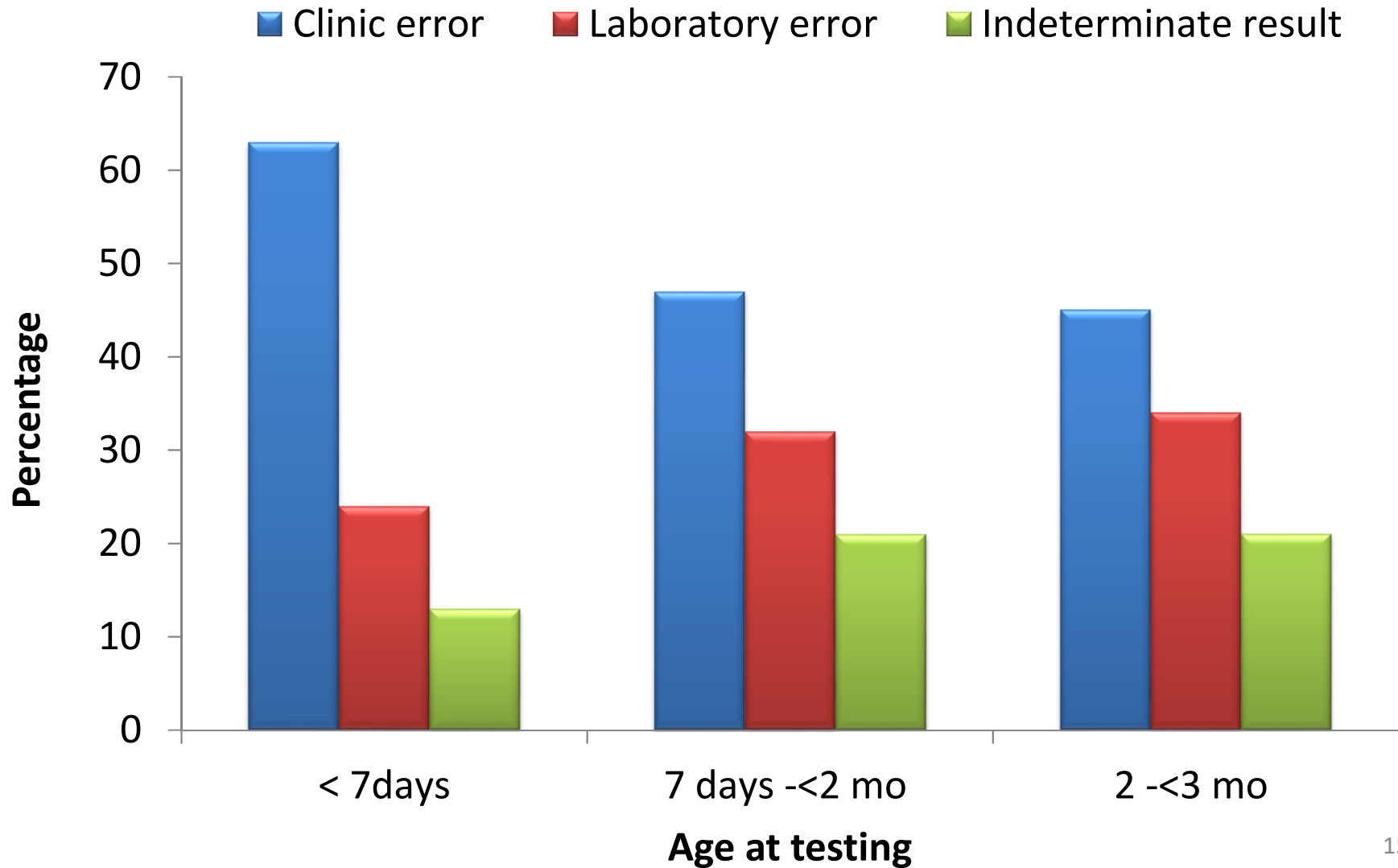
District	Birth Coverage (%)
CoJ	77
CoT	98
<b>Ekurhuleni</b>	<b>68</b>
Sediberg	81
West Rand	77

# Proportion of HIV PCR tests with no results at different time points in Gauteng, June-May 2015/2016

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	<b>&lt;7 days</b>	<b>7 days - &lt;2 mo</b>	<b>2 - &lt;3 mo</b>
Total PCR tests	45,441	15,970	24,270
MDOs	1,815	536	433
<b>% error</b>	<b>4%</b>	<b>3.4%</b>	<b>1.8%</b>

# Classification of MDOs at different time points in Gauteng, June-May 2015/2016



# DISCUSSION

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- Satisfactory result for change in program following one year of implementation
- Universal birth testing for all HIV-exposed neonates can be achieved in Gauteng
  - will assist in **earlier detection** and **treatment** of intra-uterine HIV infections



# DISCUSSION

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- MDOs have implications for patient care
  - Delayed diagnosis and treatment initiation
- MDOs lead to wastage of resources both within the clinic and laboratory

# LIMITATIONS

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- **It is uncertain if:**
  - The same neonates testing negative at birth were tested at 6- or 10- weeks of age
  - HIV PCR positive neonates received confirmatory testing
  - Not all MDOs require a result
    - Those rejected due to duplicate registration were not counted in the data presented

# RECOMMENDATIONS

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- Successful linkage of HIV positive neonates into care
- Repeat testing at 10 weeks of age for those who test negative at birth
- Increased birth testing coverage across the districts
- Address MDOs in order to reduce associated delayed diagnosis and resource wastage

# ACKNOWLEDGEMENTS

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**Thank you**