



Meeting the Sexual and Reproductive Health Service Needs of Adolescents

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Presentation Outline

1. CINDI Organisational Overview
2. The CINDI Partnership (May'khethele Programme background)
3. DBE and CINDI Partnership
4. DATIM and Partner Level Data

Organizational Overview

CINDI-Network was established in 1996

Network of NGOs and CBOs serving children affected and infected with HIV

- Total of 248 members
- Geographic focus-KwaZulu-Natal Province

May'khethele Programme Background

Umgungundlovu District



- All 7 Sub districts (Impendle, uMshwathi, UMngeni, Mooi-Mpofana, Richmond, Msunduzi and Mkhambathini)

May'khethele Programme (My Life, My Future)

- First five year cycle 2007-2012
- Second Cycle 2012-2017
- School based OVC and DREAMS intervention Program



Three Implementing Partners

- Community Care Project
- Lifeline
- Youth for Christ

Outcomes based evaluation conducted in 2012

- SRH Improvement in knowledge and accessing of SRH services



DBE and CINDI Partnership

Recruitment, training and support of Learner Support Agents (LSA) - 2012


Training, Debriefing and Mentoring of Life Orientation Educators

- 10 Day Accredited HIV/AIDS Counselling and My Life My Future (MLMF) Course

My Life My Future and Vhutshilo in schools – LSA and School facilitators

Peer Education training camps and support

Selection of Prioritised Schools – 100 Schools in 7 all Sub-Districts

- Teenage pregnancy
 - Near by taverns
 - School drop outs
- 

Sexual and Reproductive Health and Right (SRH)

HIV/AIDS and SRH Education



Referral For Services



Continuous Support and Care

HIV/AIDS Prevention and SRH education

- Adolescence and puberty
- Understanding STIs, HIV and AIDS
- Staying safe in sexual relationships
- Practice Negotiating safer sex or no sex
- Risks of teenage pregnancy – methods of Contraception + Condom usage
- Life Skills (Dealing with Peer Pressure, Goal setting, decision making)
- Unhealthy relationships
- Gender based violence

Pre and Post test – assessing knowledge gained (9 groups)

- 80,7 % Attended all original session (before catch up sessions)
- Average pre test scores 56%
- Average for post test scores 78%

Referral For Services

Assess
knowledge gain
(Pre & Post tests)

HIV/AIDS
Prevention and
SRH education

HTS and TB Screening
• **Outside of school**
• Transport to our
facility



Family planning services

Further Counselling to local clinics
Contraceptives

Thuthuzela care centres referral

Condom distribution

- Outside school premises including school events (Sports competitions)
- Local Clinics
- Youth centres

Continuous Support and Care

Let's talk programme (Teenagers and Adults learning to communicate)

- Home work for both a learner and guardian to discuss SRH and HIV/AIDS
- Staying safe and making healthy choices

Sanitary Towels

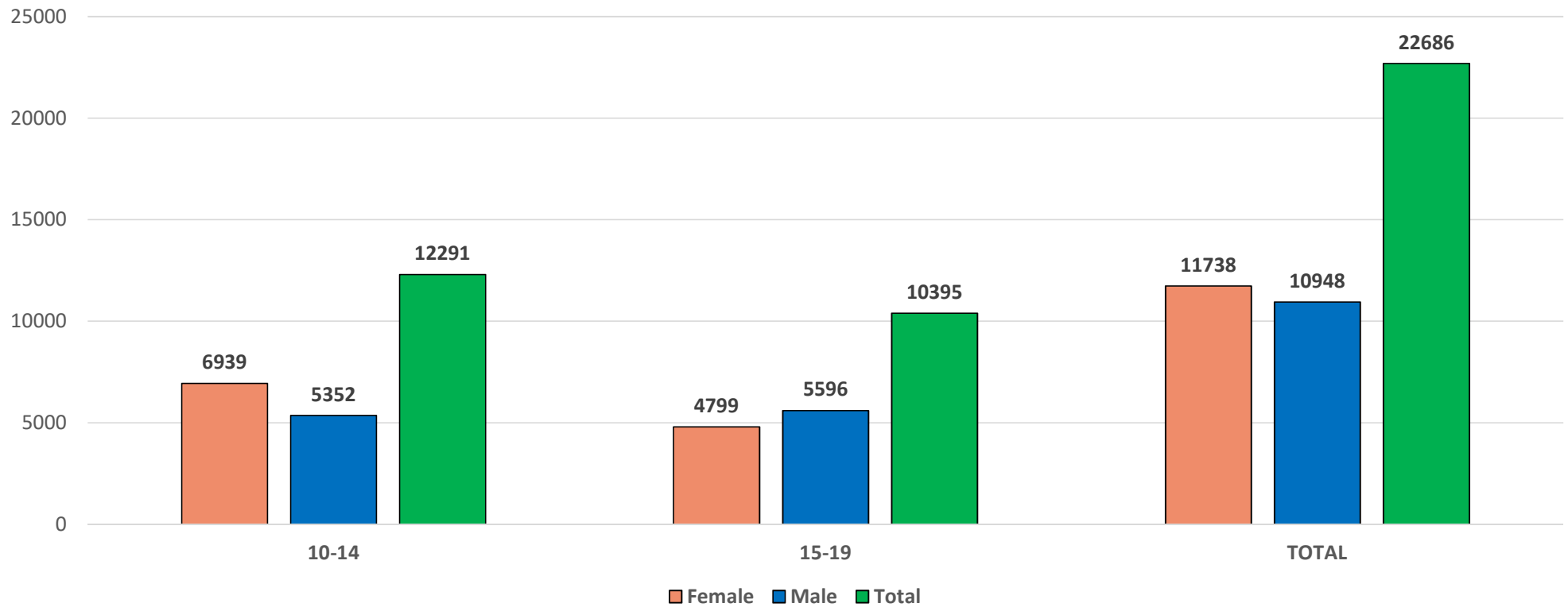
Psychosocial Care

- Support Groups (Adherence clubs & Teenage Mothers)
- One on one Counselling
- Teenage mothers Support groups

Support at a household level

- HIV Testing and services for the family
- Disclosure

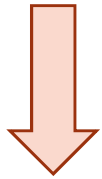
2016 HIV Prevention & SRH Education = 22,686 OVC



100 Schools in Umgungundlovu District
- Schools Identified by District DbE

Past year Vs Current year and years to come

22686 Learners
(2016)

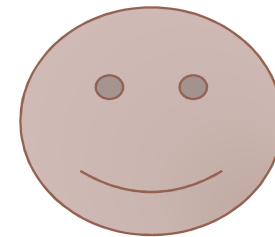


10 991
Tested
(Current)

48%
Tested

Before **90/90 /90** ?

Now **90/90 /90**



"A child is not a vase to be filled, but a fire to be lit."

Francois Rabelai